



4861 Canada Way, Burnaby BC V5G 1L7 http://douglas.sd41.bc.ca

## Together... we can Soar!

Phone: 604.296.9011

November 30, 2018

Bulletin #2

PRINCIPAL: HEAD TEACHER: SECRETARY:

Ms. P. MCKAY MR. M. BALDIN MS. M. SANDBERG SCHOOL TRUSTEE: HARMAN PANDHER, CENTRAL WEST ZONE | HARMAN.PANDHER@SD41.BC.CA

### **IMPORTANT DATES**



DEC. 5<sup>th</sup>, 6<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup> 9:30am Primary Skating Lessons

MONDAY, DECEMBER 10<sup>th</sup> to FRIDAY, DECEMBER 14<sup>th</sup> Tennis

**MONDAY, DECEMBER 17th** 9:00am Pancake Breakfast & PJ Day

WEDNESDAY, DECEMBER 19<sup>th</sup> 5:00-7:00pm Winter Extravaganza

**THURSDAY, DECEMBER 20th** School-wide Skating Field Trip EARLY ARRIVAL at 8:30am for Div. 3, 5, 6, 8, 9, 11

FRIDAY, DECEMBER 21<sup>st</sup> 2:15pm Sing-a-long in Gym **Reports Home** 

The calendar of events can be found on Douglas Road's website douglas@burnabyschools.ca

#### PRINCIPAL'S MESSAGE

December is just around the corner and our first term is coming to an end. There are many exciting events in December, so please do review the calendar online so you don't miss joining in the fun!

Pancake Breakfast | Parents are welcome to join us for our Pancake Breakfast on Monday, December 17th. We need many helping hands! Don't forget to wear your pyjamas!

**School-wide Skate** |Thursday, December 20<sup>th</sup> is our school-wide skating day. Again, we welcome parents to join us as we walk to and from 8 Rinks. We need lots of parents to help tie up skates!

Winter Extravaganza! A Family Fun Event | We are excited to invite families to come and enjoy an evening of family fun, food and music. Our Winter Extravaganza! A Family Fun Event is on Wednesday, December 19<sup>th</sup> from 5:00-7:00pm. The Choir and Band will perform throughout the evening, along with a family craft/game making activity and we'll finish with a potluck appetizer and desert social. Please look for the notice with more details, to follow.

**Report Cards** | Report Cards will be sent home on Friday, December 21<sup>st</sup>. This term you will see that we are using a new template, so the reports will look different. These new reports better represent the new, revised curriculum that teachers are now using. If you have questions or concerns, please feel free to contact your teacher or Ms. McKay and we will be happy to chat about the changes.

**PAC Clothing Drive** | The PAC are once again hosting a fundraising clothing drive. In January a letter and a large plastic bag will be sent home for you to fill with used toys, clothing and small household items. As you go through the holidays, please remember to hang on to those old items for donation to school in January. Douglas Road earns \$2.00 per bag, up to 150 bags; and every bag thereafter we receive \$3.00. IF EVERY FAMILY DONATED ONE BAG, DOUGLAS ROAD WILL COLLECT \$750.

Enjoy the merriment of December and the spirit of the season.

P. McKay, principal

#### DOUGLAS ROAD SCHOOL GOALS 2018/2019

To increase overall student achievement in writing, with a focus on building confidence in expressing their thoughts and knowledge.









#### HEALTH UPDATE

**COLDS & FLUS** are very common at this time of the year. Most people with colds and flu get better quite easily but some do not. Sometimes, complications like pneumonia develop – especially in people who already have a health condition such as asthma. Following is some information that parents might consider in order to reduce the spread of colds and flu among all children.

Things parents can do to reduce the spread of colds and flu:

- Encourage the habit of regular hand washing – especially after wiping noses.
- Encourage your child to use tissue for sneezing and coughing or to sneeze into the elbow to reduce the spread of germs on to hands.
- Keep your child at home if he / she has any of these signs: fever, earache, very sore throat, frequent sneezing and coughing combined with feeling sick or tired.
- Please remember that if your child is not well enough to go outside at recess and lunch, she / he is probably not well enough to be returning to school.

**HEAD LICE** are parasites that only infect human scalps. They are spread by head to head contact but do not cause disease. They do affect the health of our children through cost to families for treatment, frustration, unnecessary embarrassment and sometimes school time lost.

- Lice love clean hair.
- Lice do not jump or fly.
- Lice bites make the scalp itchy.
- Nits are lice eggs, which are attached to the hair, close to the scalp. They are as tiny as dandruff.
- You can't get rid of nits by brushing, or with a hair dryer.
- After the head lice hatch, the shell of the nit stays stuck to the hair.
- Lice are spread by head-to-head contact and by sharing brushes, hats or other items that come in contact with the head.
- Head lice are common where children play or work closely together.
- Lice do not cause disease... they just bug us!
- Adult head lice lay about 10 eggs (called nits) every day. These nits are stuck to the hair near the scalp.
- It takes 7-10 days for the nits to hatch.
- It takes 6-10 days for lice to become adult.

Information from www.fraserhealth.ca Visit the Burnaby School District website, click Budget & Policies, click District Policy Manual, click Students, click policy 5.12 Treatment of Head Lice in Schools, to read the Regulations and Procedures.

#### SCHOOL NEWS

**News from the Library at Douglas Road** | Douglas Road Dares to Read! Home Reading Club. Our home-reading program is up and running, as of October 1<sup>st</sup>. The back of your child's form has all the instructions. The first day for returns to the library is November 21<sup>st</sup> (November 20<sup>th</sup> being the 50<sup>th</sup> night of reading). 50 Night forms can be turned in any time after November 21<sup>st</sup>. The date on the 100 Night form is the earliest start date for reading records.



**Volleyball** | Our Volleyball Season is wrapping up soon. We must take a moment to acknowledge all of the hard work and dedication of our coaches, for whom without, the children would not have this opportunity. Special thanks to Todd Trask, Natalie Melanson,

Michael Baldin & Michael Zanatta. The students have shown their interest and dedication to a team through their attendance at practices and games. Thank you to all of the parents that were able to drive to and from the games. Your support is greatly appreciated. Congratulations to all the players this year:

<u>GIRLS:</u>	Erica	Zarina	Gabriella	Lily
Christianna	Rozelle	Abby	Sadaf	Sara
Jewelle	Martina	Naveen	Jean	Selam
Antonia				
BOYS:	Aamnaaya	Vaibhav	Hussien	Mustafa
Max	Joshua	Nick	Amadou	



## Better choices for a better world

**Douglas Road We Club** Our *We Scare Hunger* campaign this Halloween was scary-good! Soup-er heroes from around our school community donated 91 non-perishable food items for the Greater Vancouver Food Bank (GVFB). Did you know that the GVFB services 19% of seniors, and 20% of children? Thanks to everyone for helping us put the fright into hunger! Four full boxes got donated for feeding the hungry!

#### Are you often late for school?

 Are you hungry in the morning with no time to eat a good breakfast?

Then we have just the thing for you.

## Welcome to... The Breakfast Club

Instead of being late for school, arrive at 8:30, eat a little breakfast in the staffroom and be on time for class. Your day will be off to a great start!

## **Douglas Road Elementary**

### Winter 2019

Register starting Tuesday December 4 2018. Spring programs (April-June) available for registration on March 5, 2019.

#### Lego®Mania, 5-10 yrs

Children are given the space to work together to build, create, learn and use their imaginations while exploring structural concepts using Lego®.

\$12.15, 3 sessions M, 3:00-4:30pm Jan 14 497393

#### Sports Zone, 5-10 yrs

Join us to learn physical literacy through a variety of games and activities. This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA).

#### \$12.40, 8 sessions F, 3:00-4:30pm Jan 18 497409

Valentine's Chocolates & Crafts, 5-12 yrs Join us and celebrate Valentine's Day making yummy treats and festive crafts that you can keep or give to family and friends.

\$16.10, 1 session M, 3:00-4:45pm Feb 11 497353

#### Science in the Kitchen, 5-10 yrs

Explore science all around us with simple ingredients found in the kitchen. Have fun with simple, safe experiments that are fun to do over and over while learning how and why things happen.

#### \$27.45, 3 sessions

M, 3:00-4:30pm Feb 25 497404





#### How to Register Online: burnaby.ca/webreg

To register call Eileen Daily Leisure Pool & Fitness Centre at 604-298-7946. Fees must be paid when you register. We accept VISA, MasterCard, or AMEX or you can register at any Burnaby Recreation Facility at the Front Counter.



For information please contact: Rohan Matts Program Coordinator: Northwest Community Programs Rohan.Matts@burnaby.ca 604-297-4531



# 2019 INTRO TO LACROSSE

#### PRESENTED BY BURNABY LAKERS MINOR LACROSSE

Boys and Girls born anytime during 2009-2014 are invited to learn the basics of Lacrosse

No Equipment needed Kid-Friendly lacrosse stick and ball provided

- Register for Intro to Lacrosse and receive a \$10 discount off the 2019 Burnaby spring/summer box lacrosse season!
- Visit www.burnabylacrosse.com for Intro to Lacrosse session availability and registration link.

1 hour per week for 4 weeks for only \$40! Choose from one of these groups:

Friday Nights Jan 25 - Feb 15, 2019 6:00pm - 7:00pm

Friday Nights Jan 25 - Feb 15, 2019 7:00pm - 8:00pm

Saturday Mornings Jan 26 - Feb 16, 2019 10:00am – 11:00am

Saturday Mornings Jan 26 - Feb 16, 2019 11:00am - 12:00pm

EDMONDS COMMUNITY SCHOOL GYM 7651 18th Ave Burnaby, V3N 1J1

#### CONTACT: SUSAN KIRKBY

- 604-312-6181 (after 7:00pm)
- registrarbmlc@gmail.com
- www.burnabylacrosse.com

## REGISTRATION NOW OPEN ONLINE

INTER 20

**BALLOHOLICS** open their 13th season delivering quality programs to Burnaby youth. VICTORY SPORTS CAMPS is a NPO providing youth basketball classes year round in a fun environment teaching fundamentals and movement training for all ages and skill levels.

#### LOCATIONS:

LLOHOLICS

Burnaby Central Secondary, Burnaby North Secondary, JIBC Parkcrest, Kitchener, Twelfth Ave.

#### **GRADES**:

5-6 years JumpStart Mini Gr 2-5 Balloholic JumpStart Gr 6-7 Balloholic Fundamentals Gr 8-9 Balloholic Development Program



CONTACT US

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PIPING SNARE DRUMMING TENOR DRUMMING BASS DRUMMING

## **COME JOIN RMM PIPE BAND!**

## No experience needed!

World class instruction by members of the six-time world champions SFU Pipe Band

Ages 7 - 18

### MEETS EVERY TUESDAY AT 7:00 PM SFU BURNABY MOUNTAIN CAMPUS

PERFORMANCES ♦ HIGHLAND GAMES ♦ COMPETITIONS ♦ CHARITY EVENTS

SFU PIPE BAND www.sfupipeband.com/rmmpb registrar@sfupipeband.com

